

it you feel

and talk about the words you use as many words as you can in the side column to learn the meaning. As you read "Heartbeat," you don't already know.

He felt like an outsider. In school in Korea, he was the only Korean among German and American students. His family moved to the United States when he was 10. He had few Asian peers. He was a "breakfast" when he was in a Korean house. He was so fit in at a suburban

For Dave, appearing fit is an extreme exercise.

My nickname is "Heartbeat," because my friends swear that you can actually see the pulse on my bare chest. I've always been skinny. Everyone assumes I'm a weakling because I'm so thin (I prefer "lean and mean" or "wiry"), despite being a three-sport athlete. I decided to do something about it this fall when Sarah, the girl I have a crush on, said, "Oh my gosh... you are so skinny." She was visibly repulsed by my sunken chest as I stepped off the soccer bus after practice. I silently vowed to do everything within my power to become the "after" picture. I was sixteen years old, but looked like I was eleven.

For the rest of fall, I did countless push-ups and curled free weights until I couldn't bend my arms. I got ridiculously strong and defined, but I wasn't gaining weight. I wanted to be *thicker*. I didn't care about getting stronger if nobody could tell. I did research, and started lifting heavier weights at lower reps and

NOTICE & NOTE
As you read, use the side margins to make notes about the text.

ANALYZE CHARACTER

Annotate: In paragraph 1, mark three things that Dave says other people say to him or think about him.

Infer: What does beginning the story with this information suggest about the kind of person Dave is?

Heartbeat

103



Summary with Targeted Passages

DIFFERENTIATED INSTRUCTION DI When Students Struggle...

Provide Text Support Use the Summary with Targeted Passages to provide students with an understanding of the story.

- Have students work with a partner to read the Summary with Targeted Passages and answer the Reading Check questions.
- Use students' responses to the Reading Check questions to gauge their understanding of the text.
- If students demonstrate proficiency, transition them to read the full text of the selection.

along highlighting that tracks with the audio. While the audio is playing, you can click on any portion of the text to control what is read aloud.

Preview the Text

Point out the word *extreme* and ask students what it means. (*to the utmost or highest degree*) Have them describe examples of doing something to the extreme.

Analyze Character

Show How It's Done Display this page in the Student Edition. Use the question to model annotating text details to help students analyze character.

- In paragraph 1, highlight "because my friends... chest," "Everyone assumes I'm a weakling because I'm so thin," and "Sarah, the girl I have a crush on... my sunken chest."
- Work with students to analyze how a character's traits and motivations can be revealed not only by what that character says and does, but also by what others say or think about him or her.

Possible response: Dave describes himself in a comical way. He starts by sharing negative views of himself and seems like a person who is a bit down on himself, lacks confidence, and cares about what others think of him.