1. How did he know about the lung and sleep center?
2. Why did he go to the center?
3. What did he find out in the center?
4. What is sleep apnea?
5. How does sleep apnea affect his sleep?
6. What is insomnia?
7. How long did he stay in the center?
8. What did they advise him to do in the center?
9. How did his life change after visiting the center?