** Vocabulary \_ Unit 7 (This Is What to Do)**

**Our value: Self – belief and hard work will always earn you success**

**Name………………… Grade (7)**

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| **Objectives**  **1. Identify the meaning of the new words.**  **2. Practice using the new words in sentences.** |

**Verbs**

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| **Word** | **Synonym** | **Meaning** | **Example** |
| Beat | Mix | To mix together very hard. | The storms **beat** on the ship. |
| Chop | Cut | To cut into pieces with a sharp knife. | **Chop** the carrots up into small pieces. |
| Crush | Break | To squash between two spoons or pieces of metal. | They **crush** the olives with a heavy wooden press. |
| Form | Make | To make into a shape. | This document will **form** the basis for our discussion. |
| Fry | Cook | To cook gently in oil. | **Fry** the onions until they soften. |
| Prepare | Get ready | To get ready for. | **Prepare** the sauce while the pasta is cooking. |
| Refrigerate | Freeze | To put in the fridge. | Cover with plastic film and **refrigerate** for 24 hours. |
| Fall apart | Break down | To fall into pieces. | The journal was dusty and beginning to **fall apart**. |
| Grate | Shred | Reduce (food) to small shreds by rubbing it on a grater. | **Grate** some nutmeg on top of the pudding. |
| Slice | Cut | Cut (something, especially food) into slices. | **Slice** up the mushrooms and fry them. |
| Mince | Cut | To cut into very small pieces by a machine. | **Mince** two pounds of chicken finely. |
| Grind | Crush | Reduce (something) to small particles or powder by crushing it. | **Grind** the sugar into a powder**.** |
| Brush | Touch | Touch something lightly and gently. | **Brush** the aubergines with oil, add salt and pepper, and bake till soft. |
| Divide | Split | To separate into two or more parts, areas, or groups. | **Divide** the cake with your brother. |

**Adjectives**

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| **Word** | **Synonym** | **Meaning** | **Example** |
| Fresh | Firm | Recently made or obtained; not tinned, frozen, or otherwise preserved. | Try to eat plenty of **fresh** fruit. |
| Minced | Chopped | Having been cut up into very small pieces. | Cook the **minced** beef in a saucepan over a high heat until browned. |
| Healthy | Fit | A state of complete physical, mental and social well-being. | A **healthy** mind is in a healthy body. |

**Nouns**

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| **Word** | **Synonym** | **Meaning** | **Example** |
| Filling | Stuffing | A quantity of soft material that fills or is used to fill something. | Spread **filling** evenly in pan, mounding slightly in center. |
| Ingredients | Component | Any of the foods or substances that are combined to make a particular dish. | Mix all the **ingredients** together in a bowl. |
| Roll | Bread | Food made of flour, water, and yeast mixed together and baked. | He broke a bread **roll,** buttered it, then put it to one side. |
| Sauce | Dressing | A liquid or semi-liquid substance served with food to add moistness and flavor. | He squirted some tomato **sauce** on his burger. |
| Clove |  | One of the small bulblets that can be split off of the axis of a larger garlic bulb | Add a crushed **clove** of garlic. |
| Herb |  | It is a plant whose leaves are used in cooking to add flavor to food, or as a medicine. | The whole **herb** has a characteristic taste and odour. |
| Tip | Advice | A useful piece of advice. | Here's an inside **tip**: The faster you rise, the harder you fall. |
| Parsley |  | Organic Parsley Seeds, Italian Dark Green – McKenzie Seeds | Garnish the dish with parsley before serving. |
| Onion |  | Yellow onion - Wikipedia | Add the onion and cook for three minutes. |
| Garlic |  | Garlic Peeled (250grams) - Organics.ph | For this dish, fresh herbs and garlic are preferable. |
| Fork |  |  | We eat with knife and **fork.** |
| Pan |  | C:\Users\m.sahawneh\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\F2C2CA32.tmp | The eggs were frying in the **pan**. |
| Bowl |  | C:\Users\m.sahawneh\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\5F04719E.tmp | Mix all the ingredients together in a **bowl.** |
| Knife |  | C:\Users\m.sahawneh\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\4319E995.tmp | He used a **knife** instead of chopsticks. |

**The initials stand for:**

1. tbs: tablespoon: the largest size of spoon used for serving.
2. dsp: dessert spoon: the middle size of spoon used for eating with.
3. tsp: teaspoon: the smallest size of spoon used for putting sugar in tea or coffee.

**Adverbs**

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| **Word** | **Meaning** | **Example** |
| Finely | In tiny pieces. | The meat should be **finely** diced for this dish. |
| Freshly | Very recently | **Freshly** baked apple pie makes a tasty dessert. |
| Brilliantly | In an extremely intelligent way. | He solved the problem **brilliantly**. |

**Q1: Fill in the gaps with suitable words from the box.**

Beat – Chop – crush – form – Fry – prepare – Refrigerate – fall apart – fresh– minced- healthy – filling – herb – ingredients – roll – sauce – clove – finely – freshly - brilliantly

1. The English goalkeeper played brilliantly.
2. Just wait a minute. You know a freshly baked cake doesn't cut easily.
3. Mince two pounds of chicken finely.
4. Add one crushed clove of garlic to the meat.
5. Pour the sauce over the pasta and serve immediately.
6. He actually looked up from his last bite of bread roll as I came back in.
7. The list of ingredients included 250g of almonds.
8. The house has a beautiful herb garden.
9. Spoon the filling onto the dough, fold it over, and press down the edges.
10. A healthy diet creates a body resistance to disease.
11. Mix minced / crushed garlic, scallions and salt together in a small bowl.
12. There's some fresh tea in the pot.
13. The rope bridge breaks in the middle and both halves fall apart.
14. Refrigerate overnight or at least 6 hours.
15. The weather report advised us to prepare for a big freeze.
16. Fry the potatoes until crisp.
17. The stones form a complete circle.
18. A windmill is used to crush / grind grain into flour.
19. Chop the carrots and add it to the salad.
20. Beat it until the dough is slightly elastic.

**Q2: Use these words in sentences of your own.**

1. Freshly: Freshly made food is the best.
2. Filling: The filling of the cake was delicious.
3. Healthy: Vegetables and fruits are healthy.
4. Fry: Fry the potatoes until crisp.

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**Coordinator’s Signature: ------------------**