Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Class: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |
| --- | --- | --- | --- |
| **Benefits for the body** | **Rich in which nutrients?** | **The Ingredients** |  |
|  |  |  | 1 |
|  |  |
|  |  |  | 2 |
|  |  |
|  |  |  | 3 |
|  |  |