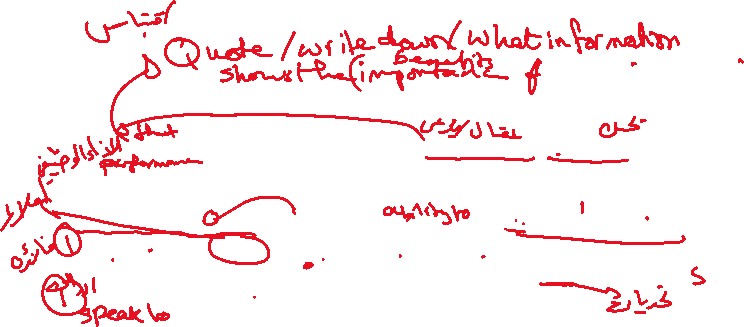
**Learning a foreign language**



**Speaking a foreign language, it is claimed, improves the functionality of your brain in several different ways.** Learning new vocabulary and grammar rules provides the brain with beneficial ‘exercise’, which improves memory. As well as exercising the brain, it is thought that learning a new language also presents the brain with unique challenges. These include



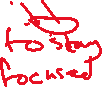
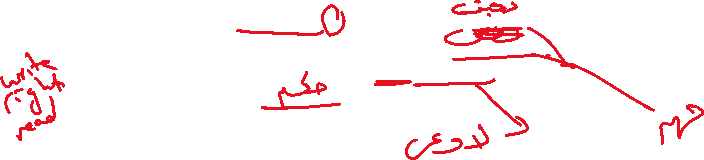
recognising different language systems and ways to communicate within these systems. These skills improve your chances of success in other problem-solving tasks as well. It is said that students who study foreign languages do better, on the whole, in general tests in maths, reading and vocabulary than students who have only mastered their mother tongue.



According to a study carried out by Pennsylvania State University, USA, multilingual people are able to switch between two systems of speech, writing and structure quite easily. It has been proved that they are also able to switch easily between completely different tasks. One experiment required participants to operate a driving simulator while carrying out separate tasks at the same time. The experiment showed that multilingual participants were less distracted by the other tasks and therefore made fewer driving errors.



**It is believed that language learning can also improve your decision-making skills**. When you speak a foreign language, you are constantly weighing up subtle differences in meaning of a word or the way that an utterance is made. This process is then transferred subconsciously to other situations in which judgement is called for, and decisions have to be made.



Finally, learning a foreign language can also improve your ability to use your mother tongue more effectively. As you become more aware of the way that a language works, you begin to apply it to the language that you use every day. The skills you obtain from learning a language, therefore, can make you a better speaker and writer in your own language.



Benefits of learning a foreign(new) language

1. exercising the brain



2. presenting the brain with unique challenges

3. improving your decision-making skills

4. improving the ability to use your mother tongue more effectively.



Challenges

1. Recognizing different language systems



1. Recognizing ways to communicate within these systems.

RESULT

Study =research= survey

1. multilingual people are able to switch between two systems of speech, writing and structure quite easily.



1. they are also able to switch easily between completely different tasks.

RESULT

Experiment

1. multilingual participants were less distracted by the other tasks.
2. multilingual participants made fewer driving errors.

