



The National
Orthodox School
Shmaisani

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Name:

Title: Speed Worksheet

Grade-Section: 7-CS

Objectives:

- 1- Define Speed.
- 2- Calculate the speed.
- 3- Revise unit conversion.

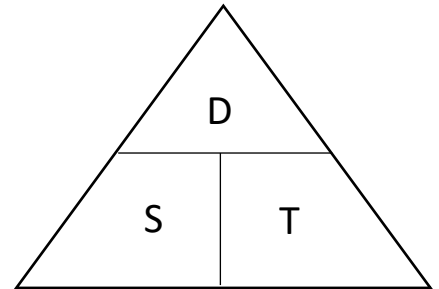
Speed is the measure of how fast an object is moving. The units of speed are either m/s (meters per second) or km/h (kilometer per hour).

We calculate speed using the following triangle:

$$\text{Speed} = \frac{\text{Distance}}{\text{Time}}$$

$$\text{Distance} = \text{Speed} \times \text{Time}$$

$$\text{Time} = \frac{\text{Distance}}{\text{Speed}}$$



Unit Conversion:

Keep in mind the following conversions

$$1 \text{ km} = 1000 \text{ m}$$

$$1 \text{ hour} = 60 \text{ min}, 1 \text{ min} = 60 \text{ seconds}, 1 \text{ hour} = 3600 \text{ seconds}$$

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Show your work please and answers rounded to 2 d.p

Core: (please solve the following five questions)

Question 1) A sprinter runs 120 meters down athletics track in 10 seconds, how fast is he travelling in m/s?

$$S = \frac{d}{t} = \frac{120m}{10s} = 12 \text{ m/s}$$

Question 2) A man walks 2km from a bus station to his work taking him 3 hrs, how fast is the man walking at in km/h?

$$S = \frac{d}{t} = \frac{2km}{3h} = 0.67 \text{ km/h}$$

Question 3) A police car drives 124 km in 3 hours. What is its average speed in kilometers per hour?

$$S = \frac{d}{t} = \frac{124km}{3h} = 41.33 \text{ km/h}$$

Question 4) An airplane flies 3500 km in 2 hours. What is its average speed in kilometers per hour?

$$S = \frac{d}{t} = \frac{3500km}{2h} = 1750 \text{ km/h}$$

Question 5) A cyclist takes 30 seconds to travel 375 meters. What is its average speed in meters per second?

$$S = \frac{d}{t} = \frac{375m}{30s} = 12.50 \text{ m/s}$$

Show your work please and answers rounded to 2 d.p

Intermediate: (Solve 4 of the following 5 questions)

Question 6) A car is travelling 300 km along a road in 10800 seconds. How fast is it travelling in:

a. Km/s?

$$S = \frac{d}{t} = \frac{300\text{km}}{10800\text{s}} = 0.03 \text{ km/s}$$

b. Km/h?

$$S = \frac{d}{t} = \frac{300\text{km}}{10800\text{s} \div 3600} = \frac{300\text{km}}{3\text{h}} = 100\text{km/h}$$

Reminder: 1 hour = 3600s

c. m/s?

$$S = \frac{d}{t} = \frac{300\text{km} \times 1000}{10800\text{s}} = \frac{300000\text{m}}{10800\text{s}} = 27.78 \text{ m/s}$$

Reminder: 1 km = 1000 m

Question 7) An airplane flies with a constant speed of 840 km/h. How far can it travel in 5.3 hours?

$$d = S \times t = 840 \times 5.3 = 4452 \text{ km}$$

Question 8) Noah roller skates with a constant speed of 4 m/s. How far can he travel in 35.7 seconds?

$$d = S \times t = 4 \times 35.7 = 142.8 \text{ m}$$

Show your work please and answers rounded to 2 d.p

Question 9) Julia drives her car with a constant speed of 71 km/h. How long will she take to travel a distance of 16.33 kilometers?

$$t = \frac{d}{s} = \frac{16.33}{71} = 0.23 \text{ h}$$

Question 10) A taxi hurries with a constant speed of 105 km/h. How long will it take to travel a distance of 207.9 kilometers?

$$t = \frac{d}{s} = \frac{207.9}{105} = 1.98 \text{ h}$$

Advanced: (Solve 3 of the following 4 questions)

Question 11) Kato cycles at a third of the speed of his friend Luke, who takes 3 minutes to travel 1.8 km, what is Kato's speed in m/s?

$$S_{Kato} = \frac{1}{3} \times S_{Luke}$$

$$S_{Luke} = \frac{d}{t} = \frac{1.8\text{km}}{3\text{min}} = \frac{1.8\text{km} \times 1000}{3\text{min} \times 60} = \frac{1800\text{m}}{180\text{s}} = 10 \text{ m/s}$$

$$S_{Kato} = \frac{1}{3} \times 10 = \frac{10}{3} = 3.33 \text{ m/s}$$

We changed the km to m and the minutes to s because the question was asking us for the speed in m/s not km/h.

Show your work please and answers rounded to 2 d.p

Question 12) An airplane flies 27 km in 36 minutes. What is its average speed in kilometers per hour?

$$S = \frac{d}{t} = \frac{27\text{km}}{36\text{min}} = \frac{27}{36 \div 60} = \frac{27}{0.6} = 45\text{ km/h}$$

Question 13) Abigail rides her horse with a constant speed of 14 m/s. How far can she travel in 40 minutes?

$$d = S \times t = 14 \times (40 \times 60) = 14 \times 2400 = 33600\text{m}$$

Question 14) An airplane flies for $1\frac{1}{2}$ hours with a constant speed of 880 km/h and then for another 30 minutes with a constant speed of 800 km/h. What distance did it go?

First part of the journey:

$$S = 880\text{ km/h}$$

$$t = 1\frac{1}{2}\text{ h} = 1.5\text{ h}$$

$$d = S \times t = 880 \times 1.5 = 1320\text{ km}$$

Second part of the journey:

$$S = 800\text{ km/h}$$

$$t = 30\text{min} = 0.5\text{ h}$$

$$d = S \times t = 800 \times 0.5 \\ = 400\text{ km}$$

$$\text{total distance} = d_T = d_1 + d_2 = 1320 + 400 = 1720\text{ km}$$