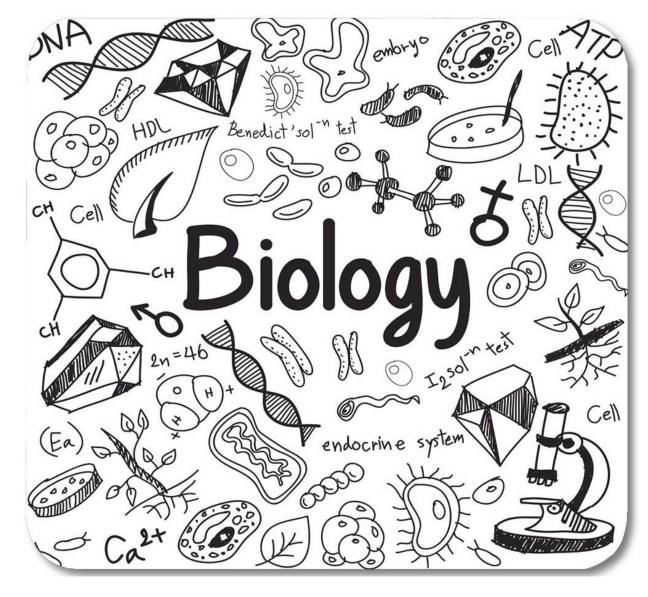


Lesson: Test for food

(Lab visit)

Scholastic Year: 2022-2023

Grade: 7CS



Objective:

To investigate how to test for starch ,fat and protein in food .

Resources:

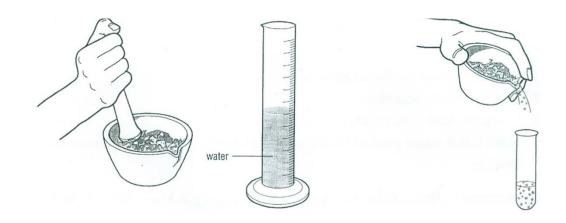
• Lab report : test for food

Preparing food samples for food tests:

Use the following procedure to prepare food samples to be tested for starch, glucose, fat and protein.

• Chop up each food in turn .

• Grind up a small amount of each in a little water so that the nutrients can be released from the food material ,making a suspension .



- Pour the suspension into a test tube .
- Clean the scalpel ,tile , mortar and pestle after each food has been prepared .
- Make a suitable test for each kind of food.

Testing for starch:

- Add three drops of iodine solution to each food suspension prepared before.
- Shake the test tube gently.



Observation: the color will change into blue black



Testing for fat:

- Put a sample of food into a test tube .
- Add ethanol to a depth of 2 cm.
- Shake the food and ethanol gently.
- Pour some cold water into a second test tube to a depth of 5 cm.
- Pour a little of the ethanol that has been mixed with the food into the test tube of cold water.

solid food

and ethanol

cold water

Observation: a white cloudy layer will form..



Testing for protein: (Biuret test for protein)

- Add a small quantity of food sample (as prepared before) to a test tube and add an equal quantity of sodium hydroxide solution.
- Shake the tube very gently .
- Add a drop of copper sulfate solution .
- Shake the test tube gently.



Observation: the color will change to purple

