

No. M3/4

Date: 1/11/2023

**Counselling Newsletter**  
**Protect-ED Classes - November 2023**  
**Value: Responsibility**  
**Personal Safety**

Dear Parents – Grades (4-5) Students,

NOS aims at helping its students enjoy a sense of psychological, emotional, physical, mental, social and spiritual well-being.

Keen to strengthen cooperation between our school and parents, and to raise awareness among students on the importance of the value of responsibility and its positive impact on them and their healthy life, the topic of the counselling and wellbeing class for Grade (4) will be:

**Forms of Abuse & Reporting Mechanism**

**(Pages 16-19 of the curriculum)**

and for Grade (5):

**Abuse, Confronting Pressure, & Reporting Mechanism**

**(Pages 12-16 of the curriculum)**

Stage counselors Jwan Qaqish, Grade (4), and Rasha Dibbo, Grade (5), will give classes using the Protect-ED curriculum. They will introduce students to the aims of the class, explain the book content, discuss the topics with students, form groups, prepare activities and solve the book exercises.

We encourage you to discuss with your children the above topics to ensure that they have comprehended them and we welcome your comments/remarks.

Principal's Assistant for Counselling and Wellbeing  
Jacklin Demerjian

Head of Stage (4-5)  
Suhair Haddadin