

Daily Programme

Date: 2/10/2023

Dear Parents, Greetings,

We would like to share with you the schedule of our daily programme to help you understand what your child is doing at the kindergarten:

KG Daily programme:

The Daily Programme includes a variety of planned activities, in which the different subjects are integrated in both Arabic and English languages.

Each morning begins with welcoming and greeting the children, singing the National Anthem together and then discussing the calendar, seasons, and the weather. During the morning routine teachers also review numbers, shapes, colours, patterns and concepts of the thematic units that were discussed during the previous days. In addition, the teachers mention special events such as Birthdays and upcoming activities, assign helping hands and set the daily program activities using flashcards, which gives the children a sense of comfort and safety in knowing what to expect during the day.

Circle Time:

In kindergartens, the lesson is called Circle Time. There are two circle times during the day, one in Arabic and one in English languages. The duration of the Circle time is 30 minutes where the children are divided into two groups; a group sits on the carpet for the Circle and the other group leaves the class for an activity outside the classroom (Music/P.E./ Dance/ Kitchen time/ Library/ Computer lab which is only for KG2). After half an hour the groups switch activity and Circle time. Same thing happens for the second Circle of the day but with outdoor free playtime.

Objectives of Circle time:

During Cirlce time various objectives are introduced to the children according to the month's thematic unit, all objectives are presented in both languages, Arabic and English. Mathematical concepts (numbers – Shapes – Colours). Language skills, reading, writing and conversation. Teachers use stories that focus on raising awareness about values, rights, duties, how to care of personal hygiene and safety, feelings of others, taking care of our environment and appreciating God's creations and blessing.

Teachers design, plan and prepare a lesson taking into consideration the different learning styles, auditory, visual and kinesthetic, where the child is the center of the learning process and the teacher is just the facilitator towards research, observation, experimenting, reading graphs, exerting data and reaching results and finding solutions





Educational Centres time:

It's free playtime in the various centers where children move from one centre to another according to rules that have been agreed upon. The centres are furnished and designed with selected materials, games and models that are changed according to our monthly theme and objectives. Through-out these designed centers, we provide opportunities for children to practice and explore individual interests according to their learning style, and to develop resourcefulness and independence as the provide the opportunity for cooperation, sharing, conversation, role-playing, creative expression, listening, singing, exploring, experimenting, strengthening eye-hand coordination, and visual memory. The following centres are in all our classes:

Dramatic Centre:

The Dramatic Play Centre is a fun area, equipped with mini household furniture and kitchen appliances, and changed according to the theme unit, into a grocery store, medical clinic and so on. Role playing in this centre helps the children's imagination soar, improves their language skills and vocabulary and enhances their social skills.

Cognitive Game Centre (educational games):

This centre is an area where the children develop their mathematical, scientific, language and fine motor skills through interlocking bricks and puzzles, lacing, sorting, counting, sequencing, classify and matching. Toys change according to the thematic unit.

Scientific Centre:

The Science Centre is an area where the children learn observation, estimation, measurement, cause and effect, investigation, evaluation and prediction. It includes scientific books, scientific toys, items from nature and measuring devices to enhance the learning objectives of the thematic unit.

Art Centre:

The Art Centre is an area where children can enjoy a variety of arts and crafts, such as painting, printing, modelling, cutting and gluing using different art supplies such as crayons, pencils, paint along with a variety of recyclable and non-recyclable materials (such as empty boxes, bottle caps, pieces of fabric, feathers, cotton, yarn...). Being creative helps the children express their emotions and ideas, they get to develop their fine motor skills, self-esteem and creativity.





Blocks and Building Center

The Blocks Center is an area where the children can enjoy building together; it provides an atmosphere for creativity, conversation and teamwork, where they learn about shapes, sizes, measurements, distances and building skills.

The Block Center includes wooden blocks in different sizes and shapes, Lego, and models and toys according to the thematic unit.

Library Center

The Library Centre is an area where children can enjoy going through a variety of scientific books, and stories, and listen to taped resources.

The Library Centre includes a tape recorder with headphones, scientific books according to the theme unit, stories, journals, children magazines and a floor mat for the children to sit on.

Play Time:

Outdoor Playtime is an important and essential part pf our daily schedule, where the children pass half an hour a day playing, jumping, running, and enjoy the fresh air and sunlight in one of the four playgrounds according to a set schedule. On very cold and rainy days, children play one of three indoor play areas. Teachers interact and monitor the children ensuring their safety.

Snack Time:

Breakfast is offered to the children inside their classrooms at 10:15am, it consists of a balanced healthy snack. Another small snack is offered at 1:00pm. During this time the children practice saying Grace before eating, table manners, tidying up after themselves, and washing up before and after a meal; Life skills that important during food time.

Snack program:

Day		Saturday	Monday	Tuesday	Wednesday	Thursday
		First snack 10:15 – 10:45am				
Type	of	Pizza	Labaneh	Za'atar	Ka'ek with	Labaneh
sandwich				manaeesh	cheese or	
					za'atar	
		Second snack 1:00- 1:15pm				
		Apples	Cup cakes	Sweet corn	Biscuits and	Biscuits
					apples	

Flavored milk or juice and seasonal vegetables or fruits are offered with each snack.





Parents are kindly requested not to send any kind of food or drink to the kindergarten with their children except water.

End of the Day meeting:

It's the time where teachers gather the children on the carpet to go through the accomplishments of the day, and to do a quick revision of the concepts introduced. Part of this time is dedicated for the "Protect Ed" program, which helps in acquiring lifelong healthy habits and in raising awareness regarding safety measures, making smart decisions all through storytelling, conversations, activities and interactive digital games

Music

Music fills the soul with joy and happiness, in singing, dancing and playing an instrument, children are able to express themselves. A half hour music class once a week is assigned for each group, where they sing, dance and learn to play percussions, they learn the names of different instruments, and recognize their different sounds, they hear music from different countries and learn to appreciate different types of music, ranging from Nursery Rhymes and songs to classical musical compositions.

Computer

In order to prepare our children for future school stages, KG2 children have Computer Lab class once a week. Children learn basic skills in using a computer, in addition to learning mathematical concepts and language in a digital fun method.

Global perspective

With the aim of instilling the sense of belonging to our country and to the world, and training the children on being good citizens; the KG has dedicated a circle time once a week to Global perspective class. We focus on issues such as human rights and duties, where the children are exposed to different cultures learning how to respect diversity and in doing good in general.

Throughout the academic year we celebrate different occasion and participate in various activities, we learn about different traditional celebrations of different countries. We celebrate Arab Child Day and International child day, we participate in different charities and campaigns and we raise awareness about Going Green through recycling and other activities.





Library

Books help enrich children's knowledge, imagination and creativity. In order to get children to enjoy books and develop reading habits, and to familiarize them with the concept of using a library and borrowing books, we have Library Class once a week for both KG1 and KG2 children. During this class, the librarian reads different kinds of stories, using different storytelling strategies, after which children can borrow Arabic or English stories which they are responsible for returning according to a set schedule that is sent at the beginning of the year.

Physical Education Activities

Physical activity helps children feel energetic. Both KG1 and KG2 children attend Physical Activity classes twice a week, alternating between Physical Education class and Dance class. Children challenge their bodies and learning coordinated movements that develop their gross motor skills through running, jumping, climbing, crawling, walking on a balance beam and so. They have fun dancing and learning folkloric dances along with music from different countries

Educational Kitchen Activities

The kitchen is a sort of lab in itself, where children are exposed to various sensory experiences with many opportunities to observe, taste, smell, and handle ingredients. It gives the children the chance for hands-on experiences to help re-enforce what they are learning in class which is always related to the thematic units. In the kitchen the children develop their fine motor skills through cutting, peeling, kneading and learn how to handle utensils and food safely and hygienically.

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