

Number: M7 / 57/1035

Date: 14/9/2023

The Role of Educational Counsellors

Dear NOS Parents,

Our children's upbringing is a joint responsibility between home and school; each of them reinforces the other. Therefore stemming from our belief in the importance of home-school communication and cooperation for the benefit of our children and in order to better help them solve their problems, learn how to overcome life difficulties and properly adapt to their social environment, we would like to share with you the following information to clarify the role of Educational Counselling at NOS, its main duties and the services it offers to our students and their parents.

Educational Counselling is an essential process which serves the phases of growth and development that a person passes through, and during which personal skills, abilities and personality are developed, by acquiring information, knowledge, culture and values in order to reach optimal psychological wellbeing and social adaptation.

The main aims of counselling can be summarized as follows:

Preventative Measures: These measures include psychological empowerment to handle problems and provide individuals with means to avoid them, as well as train individuals and help them develop their own convictions in their religious, national, moral and personal beliefs.

Responsive/Constructive Measures: These include procedures and processes that lead to the healthy growth of individuals and the advancement of their behavioral patterns throughout their developmental stages until they reach the highest level of mental, health and psychological maturity. This is achieved by helping individuals develop positive opinions of their own selves, have self-esteem, develop the right goals in life and use their psychological, social, educational and professional capacities and potentials and by caring for individuals' physical, mental, psychological and social aspects.

Remedial Measures: These include helping students solve their problems through thoughtful techniques and calculated procedures based on sound theoretical approaches.

The importance of educational counselling is highlighted in the above specialized measures and is undertaken by specialized counsellors in the fields of counselling and mental health/psychology in order to achieve the following objectives:

1. Help students understand themselves (their abilities, interests, needs, etc...)
2. Develop all aspects of students' personalities.
3. Facilitate students' natural growth process in various physical, psychological and health aspects.
4. Protect students against deviation delinquency and against troubles of all kinds.
5. Help students achieve social and vocational adaptation and good mental health.
6. Improve the learning process and increase students' motivation.
7. Accept, respect and be kind to others.
8. Develop students' skills (self-control / self-guidance / decision-making / social skills / professional maturity/career choice/problem-solving skills).

Counselling & Wellbeing Department Team

- Principal Assistant for **Counselling and Wellbeing Affairs**, Jacklin Demerjian
- Grades (9-12) Counsellors - Dr. Sherine Dababneh, Carol Tobasi, Baha Farhat
- Grade (6-8) Counsellors - Mai Hawatmeh, Bishara Tannous, Sewar Haddad
- Grade (4-5) Counsellors - Rasha Debbo, Jwan Kakeesh
- Grade (1-3) Counsellors - Aline Derderian, Amal Al Hout

For further information and inquiries, we welcome your visit to our Counselling and Wellbeing Department, by appointment, so that we may allocate enough time to meet with you properly.

School Principal



May Goussous

**Principal Assistant for
Counselling and Wellbeing Affairs**

Jacklin Demerjian