



روضة وهبة تماري  
Wahbeh Tamari KG

# KG2 Newsletter

## Food and Nutrition

### November - December 2022



Date: 21/11/2022

#### Dear Parents

During the unit of this month "Food and Nutrition" the children will research, explore and observe to learn about: the importance of food for growth / food sources (animal - vegetarian)/ food groups/ food pyramid/ healthy balanced diet/Healthy and unhealthy food / Traditional food of countries around the world / Table manners



#### Reminders

- Please do not send your children to the KG if they have fever, flu, cough or any other illness.
- Kindly label all children's belongings such as (Water bottle, jackets, hat, etc...)
- Please avoid picking up your children between 1:30 and 1:50 during bus departure time.
- Make sure that finger nails are always clean and trimmed
- Tie girls' hairs.
- Registration is open for the academic year 2022/2023 for children born in 2019

#### Dates to Remember

- Visit to the Learning and Recourses Centers (Libraries) at the NOS
- A guest speaker: Hanadi of "Hanadi's Salads and Appetizers" will prepare a healthy salad with the children on Monday and Wednesday 28-30/11/2022.
- Christmas photoshoot Tuesday 29/11/2022
- Christmas Carols Saturday and Monday 3-5/12/2022
- Christmas Cheer for the whole family Saturday 17/12/2022.

#### English Language

- Sounds: r/ m/ d
- Tricky words
- Identifying sounds in words
- Auditory blending: 3 letter sounds.

#### Math Skills:

- Numbers: 8/9/10
- Counting from 1-30.
- Addition up to 5
- Colour: Green
- 2D shapes: (triangle/ star)
- 3D shape: pyramid



**Thank you for your cooperation**

Kindergarten Principal  
Zahia shaddad

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