**The Relationship Between Islam & Bullying**

Bullying is physical, verbal, mental or cyber oppression of another individual, which can have both an emotional and social impact. An example is in the Prophet’s ﷺ life, he and his companions suffered from oppression due to the purity of their message. Those oppressors who didn’t repent from their ways met an abysmal fate, whilst those who sincerely rectified themselves became the inheritors of the Prophet ﷺ. The Prophet ﷺ said: “Whoever harms others, then Allah will harm him. Whoever is harsh with others, then Allāh will be harsh with him.”[Sunan Al-Tirmidhi 1940]. Support should be provided to the bullied and the bully. The Prophet ﷺ said, “Help your brother, whether he is an oppressor, or he is an oppressed one.” [Ṣahīh al-Bukhāri, 3:624] The act of bullying is a compensation for the bully’s weakness and an attempt to present themselves as ‘superior’ before individuals whom they feel threatened by. We prevent the bully by enriching their character with Islamic values, the bully needs to know that all creation differ only upon cognizance of Allah and that one of the greatest aims of Satan is to instill resentment and enmity amongst Muslims.

By: Laya Nowwara 8G