Working as a team on this project was a remarkable and worth trying experience.

It was a successful experience full of support, teamwork spirit, energy, and information exchange.

Each partner has a different responsibility and task to submit.

All my partners were very helpful and supportive.

I have widened my knowledge base through learning the causes and consequences of obesity in addition to the suitable actions and treatments in preventing and resolving this major phenomenon.

On the other hand, I have faced some obstacles while working on this project regarding working all together at the same time due to each member availability. However, this is a minor problem not to be mentioned compared to the successful and fruitful outcome.