**Topic: Obesity**

**Objective:**

* **To learn the correct definition of obesity**
* **Learning the problems and causes and consequences of obesity**
* **Educating ourselves on how to manage and to treat obesity**

**Team:**

Student’s Names:

**1. Mariana Hourani**

**2. Tala Al-Farah**

**3. Natalie Bouri**

**Selected Title/ Theme:**

**Title: Obesity**

**Resources:**

List of the resources used, please copy and paste the URL of used resources here :

* 1. U.S. National Library of Medicine. (n.d.). *Defining overweight and obesity in children: Medlineplus medical encyclopedia*. MedlinePlus. Retrieved May 5, 2023, from https://medlineplus.gov/ency/patientinstructions/000384.htm#:~:text=Obesity%20means%20weighing%20more%20than,much%20more%20common%20in%20childhood
* 2. U.S. Department of Health and Human Services. (n.d.). *What causes obesity & overweight?* Eunice Kennedy Shriver National Institute of Child Health and Human Development. Retrieved May 5, 2023, from https://www.nichd.nih.gov/health/topics/obesity/conditioninfo/cause
* 3. Psychological consequences of being overweight. MentalHelp.net. (2019, March 15). Retrieved May 5, 2023, from https://www.mentalhelp.net/recovery-and-wellness/psychological-consequences-of-being-overweight/#:~:text=Psychological%20consequences%20of%20being%20overweight%20or%20obese%20can%20include%20lowered,binge%20eating%2C%20bulimia%20and%20anorexia

**Your Submission:**

1. Submission document: uploaded to all subjects (\*\*\*\*\*\*\*\*\*) on LMS as a word file / PDF file by one team member only.