**Interdisciplinary Project**

**Reflection Sheet**

**Group Members:**

1. Haya Bataineh (Leader)
2. Naya Karadsheh
3. Sarah Akkawi
4. Mariana Haddadin

**Project Title:**

Let’s talk about Obesity!

**Project performance evaluation:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Always** | **Sometimes** | **Rarely** | **Never** |
| **Quality** | **√** |  |  |  |
| **Contributed ideas** | **√** |  |  |  |
| **Suggestions** | **√** |  |  |  |
| **Worked Cooperatively with group**  | **√** |  |  |  |
| **Participated in the construction of the flyer** | **√** |  |  |  |
| **Coordinated between team members** | **√** |  |  |  |
| **Made sure everyone was efficient** | **√** |  |  |  |
| **Made sure submission was done on time** | **√** |  |  |  |
| **Did my fair share of work on the project** | **√** |  |  |  |

**My contribution**

First, I have coordinated between team members to make sure they were all available to meet. Our main meeting took place on Saturday 14th of May from 15:30-20:00. The team members met again during school hours to conduct some amendments to the flier then we split the presentation parts between us.

I have managed the team members and made sure everyone was efficient and everyone participated.

I have also encouraged each team member to express her strengths to use them while working. For example, Naya and Mariana are good at drawing and designing so they took lead in drawing the brochure and PowerPoint Presentation while Sara and myself are good at research so we led the researching and referencing making sure proper references were used while everyone took a role in everything and everyone shared their opinion.

My favorite part of the project was meeting with my friends after school hours and working as a team and also learning new information about an important topic along with its consequences and suggested solutions to avoid it. The least favorite part on the other hand was squeezing the meeting in such a challenging time that is crowded in exams and quizzes. For future projects, a pre-online meeting and discussing with teachers what is exactly required could help us save more time and be more efficient. Key learnings from this project not only include scientific knowledge, but it also includes teamwork, creativity, focused thinking and analysis.