In this project I learned more about how dangerous obesity is and how badly it can affect people’s life. Also, I learned how to become a better leader as I had a big responsibility, but I believe that I did good by pushing my teammates to do there best in every thing in the project, and I had to arrange meetings between us as some of my team members couldn’t join sometimes but we managed to solve this problem.

About my team member Selena, she was very helpful in everything we did. She helped us in the researching and gathered great information, she also helped with the drawing and helped with what we wrote in the flyer. She helped in other projects such as the physics projects with the calculations and we sent so much time looking for how to calculate the electricity bill which was an important part of the project.

Also, about my team member Yasmeen, she helped a lot in rephrasing sentences from different websites which was very important, and she had a major part in drawing the flyer. She helped in the calculations in other projects which were very difficult.

We had some difficulties in some things like the due date but we managed to finish before the due data ended. Furthermore, we had a problem that we had to change the time of our meets because someone couldn’t join however, we ended up doing every meeting we wanted to do. Another problem we faced is with the resources, we had a difficult time finding good resources.

In my opinion, I think in next projects we can finish earlier which will give us more time to review the project. I will definitely use my new skills in future projects and I think that these new skills will definitely make my future projects better.