**Topic** Collecting and documenting scientific data

**Objective**

Enhance students’ ability to incorporate the skills they learn in school with real-life examples. Students will research substances and foods, identify some of their properties and illustrate their importance in improving our lives.

**Team:**

Student’s Names:

1. Sara Shehadeh………………………………………………

2. …Sama Haddad……………………………………………

3. Joelle Janho………………………………………………

4. ………………………………………………

5. ………………………………………………

**Selected Title/ Theme:**

…Endothermic/Exothermic changes.

Amounts of energy in different foods.

…………………………………………………………………………………………………

**Resources:**

List of the resources used, please copy and paste the URL of used resources here:

1. Chemistry workbook
2. <https://www.healthline.com/nutrition/glazed-donut-calories#bottom-line>
3. [https://www.fatsecret.com/calories-nutrition/usda/cucumber-(with-peel)?portionid=59107&portionamount=100.000](https://www.fatsecret.com/calories-nutrition/usda/cucumber-%28with-peel%29?portionid=59107&portionamount=100.000)
4. ………………………………………………………………………………………………

2. ………………………………………………………………………………………………

3. ………………………………………………………………………………………………

**Your Submission:**

1. Submission document: uploaded to all subjects on LMS as a word file / PDF file by one team member only.
2. All documents/ outcomes mentioned in the task document.