**GLOBAL PROJECT**

**Obese:** [**extremely**](https://dictionary.cambridge.org/dictionary/english/extremely)[**fat**](https://dictionary.cambridge.org/dictionary/english/fat)**in a way that is**[**dangerous**](https://dictionary.cambridge.org/dictionary/english/dangerous)**for**

***Obese*. Cambridge Dictionary. (n.d.). Retrieved April 6, 2023, from** [**https://dictionary.cambridge.org/dictionary/english/obese**](https://dictionary.cambridge.org/dictionary/english/obese)

**Nutrition: the**[**substances**](https://dictionary.cambridge.org/dictionary/english/substance)**that you take into**[**your**](https://dictionary.cambridge.org/dictionary/english/your)[**body**](https://dictionary.cambridge.org/dictionary/english/body)**as**[**food**](https://dictionary.cambridge.org/dictionary/english/food)**and the way that they**[**influence**](https://dictionary.cambridge.org/dictionary/english/influence)[**your**](https://dictionary.cambridge.org/dictionary/english/your)[**health**](https://dictionary.cambridge.org/dictionary/english/health)**.**

***Nutrition*. Cambridge Dictionary. (n.d.). Retrieved April 6, 2023, from** [**https://dictionary.cambridge.org/dictionary/english/nutrition**](https://dictionary.cambridge.org/dictionary/english/nutrition)

**Prevalent:** [**existing**](https://dictionary.cambridge.org/dictionary/english/existing)**very**[**commonly**](https://dictionary.cambridge.org/dictionary/english/common)**or**[**happening**](https://dictionary.cambridge.org/dictionary/english/happening)**often**

***Prevalent*. Cambridge Dictionary. (n.d.). Retrieved April 6, 2023, from** [**https://dictionary.cambridge.org/dictionary/english/prevalent**](https://dictionary.cambridge.org/dictionary/english/prevalent)

**Binge-eating disorder: is when you eat a large amount of food in a short amount of time and feel you can't control what or how much you are eating.**

**U.S. Department of Health and Human Services. (n.d.). *Definition & Facts for binge eating disorder - NIDDK*. National Institute of Diabetes and Digestive and Kidney Diseases. Retrieved April 6, 2023, from** [**https://www.niddk.nih.gov/health-information/weight-management/binge-eating-disorder/definition**](https://www.niddk.nih.gov/health-information/weight-management/binge-eating-disorder/definition)**-**

**facts#:~:text=Binge%20eating%20is%20when%20you,upset%20by%20your%20binge%20eating.**