Words’ meaning:

1-Obese: very fat or overweight; corpulent.

2-Nutrition:  is the process of [taking](https://www.collinsdictionary.com/dictionary/english/taking) food into the body and [absorbing](https://www.collinsdictionary.com/dictionary/english/absorb) the nutrients in those foods.

*There are alternative sources of nutrition to animal meat.*

3-Prevalent: A condition, practice, or [belief](https://www.collinsdictionary.com/dictionary/english/belief) that is **prevalent** is common.

*This condition is more prevalent in women than in men.*

4-Binge-eating disorder: Binge eating is when you eat a large amount of food in a short amount of time and feel you can’t control what or how much you are eating. If you binge eat regularly—at least once a week for 3 months—you may have binge eating disorder.

If you have binge eating disorder, you may be very upset by your binge eating. You also may feel ashamed and try to hide your problem. Even your close friends and family members may not know you binge eat.

Sources (Citation)

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