**Citation**

1. Obese: extremely fat in a way that is dangerous for health.

Cite: Obese. Cambridge Dictionary. (n.d.). Retrieved April 6, 2023, from <https://dictionary.cambridge.org/dictionary/english/obese>

1. Nutrition: the sum of the processes by which an animal or plant takes in and utilizes food substances.

Cite: Merriam-Webster. (n.d.). Nutrition definition &amp; meaning. Merriam-Webster. Retrieved April 6, 2023, from <https://www.merriam-webster.com/dictionary/nutrition>

1. Prevalent: having the superiority or ascendancy.

Cite: Dictionary.com. (n.d.). Prevalent definition &amp; meaning. Dictionary.com. Retrieved April 6, 2023, from <https://www.dictionary.com/browse/prevalent>

1. Binge-eating disorder: is when you eat a large amount of food in a short amount of time and feel you can’t control what or how much you are eating.

Cite: U.S. Department of Health and Human Services. (n.d.). Definition &amp; Facts for binge eating disorder - NIDDK. National Institute of Diabetes and Digestive and Kidney Diseases. Retrieved April 6, 2023, from <https://www.niddk.nih.gov/health-information/weight-management/binge-eating-disorder/definition-facts>