*Citation*

**Obese**: **very fat or overweight.**

*Oxford languages and google - english*. Oxford Languages. (n.d.). Retrieved April 5, 2023, from https://languages.oup.com/google-dictionary-en/

**Nutrition:** **the process of providing or obtaining the food necessary for health and growth.**

*Oxford languages and google - english*. Oxford Languages. (n.d.). Retrieved April 5, 2023, from https://languages.oup.com/google-dictionary-en/

**Prevalent:** [**existing**](https://dictionary.cambridge.org/dictionary/english/existing)**very**[**commonly**](https://dictionary.cambridge.org/dictionary/english/common)**or**[**happening**](https://dictionary.cambridge.org/dictionary/english/happening)**often**

*Prevalent*. Cambridge Dictionary. (n.d.). Retrieved April 5, 2023, from https://dictionary.cambridge.org/dictionary/english/prevalent

**Binge eating disorder:** **a**[**mental**](https://www.collinsdictionary.com/dictionary/english/mental)[**health**](https://www.collinsdictionary.com/dictionary/english/health)**condition characterized by periods of**[**uncontrolled**](https://www.collinsdictionary.com/dictionary/english/uncontrolled)[**binge**](https://www.collinsdictionary.com/dictionary/english/binge)**eating**

HarperCollins Publishers Ltd. (n.d.). *Binge eating disorder definition and meaning: Collins english dictionary*. Binge eating disorder definition and meaning | Collins English Dictionary. Retrieved April 5, 2023, from https://www.collinsdictionary.com/dictionary/english/binge-eating-disorder