#the list of atoms

atoms=['Hydrogen', 'Helium', 'Lithium', 'Beryllium', 'Boron', 'Carbon', 'Nitrogen', 'Oxygen', 'Fluorine', 'Neon', 'Sodium', 'Magnesium', 'Aluminium', 'Silicon', 'Phosphorus', 'Sulfur', 'Chlorine', 'Argon', 'Potassium', 'Calcium', 'Scandium', 'Titanium', 'Vanadium', 'Chromium', 'Manganese', 'Iron', 'Cobalt', 'Nickel', 'Copper', 'Zinc', 'Gallium', 'Germanium', 'Arsenic', 'Selenium', 'Bromine', 'Krypton', 'Rubidium', 'Strontium', 'Yttrium', 'Zirconium', 'Niobium', 'Molybdenum', 'Technetium', 'Ruthenium', 'Rhodium', 'Palladium', 'Silver', 'Cadmium', 'Indium', 'Tin', 'Antimony', 'Tellurium', 'Iodine', 'Xenon', 'Cesium', 'Barium', 'Lanthanum', 'Cerium', 'Praseodymium', 'Neodymium', 'Promethium', 'Samarium', 'Europium', 'Gadolinium', 'Terbium', 'Dysprosium', 'Holmium', 'Erbium', 'Thulium', 'Ytterbium', 'Lutetium', 'Hafnium', 'Tantalum', 'Tungsten', 'Rhenium', 'Osmium', 'Iridium', 'Platinum', 'Gold', 'Mercury', 'Thallium', 'Lead', 'Bismuth', 'Polonium', 'Astatine', 'Radon', 'Francium', 'Radium]

#main program

while choice !="x":

 print("=================")

print("A T O M F I N D E R")

print("=================")

print("\n")

print("A append the atom to the list")

print("B remove an atom from the list")

print("C print the list")

print("D sort the list")

print("E the length of the list")

print("F edit the atom")

print("X exit the program")