#the list of atoms

atoms=["hydrogen","helium"]

#main program

choice=""

while choice !="X":

 print("=====================")

 print(" A T O M F I N D E R ")

 print("=====================")

 print("\n")

 print("A:Append an atom to the list")

 print("B:Remove an atom from the list")

 print("C:Print the list")

 print("D:Sort the list")

 print("E:The length of the list")

 print("F:Edit an atom")

 print("X:Exit the list")

 print("\n")

 choice=input("choose an option:")

 if choice=="A":

 name=input("enter the name of an atom to add:")

 atoms.append(name)

 print(name,"has been added to the list")

 if choice=="B":

 name=input("enter the name of am atom to remove:")

 atoms.remove(name)

 print(name,"has been removed from the list")

 if choice=="C":

 print(atoms)

 if choice=="D":

 atoms.sort()

 print(atoms)

 if choice=="E":

 print(len(atoms))

 if choice=="F":

 i=int(input("which atom do u want to change?"))

 atoms[i]=input("enter a new atom")

 print(atoms)