Main research goal: To investigate the effect of social interactions and social groups on adolescents in terms of smoking.

Aim of this interview: This interview was based off of 3 adolescent those who smoke and those who experienced their friends smoking to discuss different perspectives.

Questions 1: Are you a smoker or a non-smoker?

Adolescence 1 age 16 male: yes and I have been smoking for 2 years.

Adolescence 2 age 12 female: no but some of my friends do.

Adolescence 3 age 18 male: yes but I did not like it at first although I have it as a habit now.

Question 2: If you smoked or experienced someone getting into smoking, what was the main cause of this issue?

Adolescence 1: I have got into smoking 2 years ago after my friend recommended it to me and since then I could not stop it from being a habit.

Adolescence 2: I have experienced some of my friends start smoking because of them witnessing their parents smoking on a daily basis which intrigued them to start smoking.

Adolescence 3: I have decided to smoke ever since my friends found it as a way to diffuse stress and be independent as they found themselves free when they smoke with no parental pressure.

Question 3: do you think you will be able to quit smoking or aware of any ways to help your family and friends to do so?

Adolescence 1: as a smoker I find smoking as a way relieve stress and a way to escape from life pressures and something in common that I share with my friends which is why I’m going to find it hard to quit smoking.

Adolescence 2: I have heard someone say that having coffee, tea or alcohol often act as a smoking trigger which is why I recommend adolescence and smokers to try and prevent those habits.

Adolescence 3: If I found an alternative to smoking that would make me feel independent like smoking does I would then try to quit smoking.

In conclusion, peer pressure, parental influences, and the need to relieve stress are only a few of the social pressures that adolescences experience that lead them to start smoking, these pressures are all linked together.

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