**Beliefs about Food**

Done byTina Bqaeen, Natalie Nijmeh, Lana Alshafei, Yara Naffa and Yasmeen Ejjeh.

1. Do you prefer fresh juices or fizzy drinks?
2. fresh juices
3. fizzy drinks
4. Would you prefer your chicken to be spicy or regular?
5. Spicy
6. Regular

 3. What do you like more?

1. fast food
2. traditional cuisine
3. What do you like more?
4. spicy sauces
5. sweet sauces

 5. What type of cuisine do you prefer?

1. Jordanian
2. French
3. Italian
4. Mexican
5. Indian

Other:

6. Do your religious beliefs forbid you from eating any kind of meat?

If yes then what is it?

Do you have any food allergies and is yes, what are they?

8. Is there any type of meat you can’t eat and if yes, what is it?

9. Do you have any type of chronic disease if yes, what is it?

* 1. diabetes
	2. blood pressure
	3. rheumatism
	4. cancer

 Other:

10. Do you think that Jordanian food is generally healthy

1. yes
2. no

11. How often do you eat sweets?

* 1. on a daily basis
	2. often
	3. rarely
1. never

12. How often do you eat vegetables?

* 1. On a daily basis
1. Often
2. Rarely
3. Never

13. How often do you eat Meat?

* 1. On a daily basis
	2. Often
	3. Rarely
1. Never

14. What is your main meal of the day?

* 1. Breakfast
1. Lunch
2. Dinner

Other:

15. How much water do you drink a day

* 1. half a liter
	2. one liter
	3. two liters

 Other:

16. What do you think a healthy and balanced diet should look like and why?

17. Are there any specific types of foods you can’t eat?

What are they and why?

18. Would you be willing to try foreign foods?

* 1. yes
1. no

19. Which do you prefer?

* 1. savory foods
1. sweet foods
2. spicy foods

20. Do you think that fat is bad for you?

* 1. yes
	2. no

21. Do you think that carbohydrates are bad for you?

* 1. yes
	2. no

22. What do you prefer?

* 1. French fries
	2. Baked potatoes

23. What do you prefer?

* 1. oven baked chicken
	2. deep-fried chicken

24. Do you prefer locally grown or organically grown food?

* 1. organically grown
	2. locally grown
	3. organic-locally grown food

25. What do you think the future of food will depend on?

* 1. locally grown food
	2. imported food